

APPLIED PHYSIOLOGY AND SOUND

“The human body is made up of *electronic vibrations*, with each atom and element of the body, each organ and organism, having its electronic unit of vibration necessary for the sustenance of, and equilibrium in, that particular organism.” – Edgard Cayce (1928).

Often natural medicines are referred as Vibrational Medicines, (as in Dr Gerber’s bestseller “Vibrational Medicine – New Choices for healing Ourselves”). Vibrational means something that moves back and forth very rapidly, but we use it sometimes as a synonymous of Energetic. When we talk about the vibration of a flower essence or a homeopathic remedy, we are not talking about how it moves back and forth but about it’s energetic potency. More something is vibrant; more it will be full of energy. If something moves, if it vibrates, it means that is alive and life means energy. However, a flower essence or a crystal is not alive from a living point of view, it’s alive because a Higher Energy flows trough it, a subtle energy, the energy of the cosmic consciousness.

What is more vibrant then a sound?

Since thousand of years ago sound has been used as a healing tool. Sufis, Mantras, Didgeridoos, Tibetan Bells, are different way, that in different cultures, the power of the sound has been applied to religion celebrations, meditations, or simply as a tool to enhance health.

In Applied Physiology, we use tuning forks as source of sounds. The tuning fork creates an oscillation that transmits periodically energy to the surrounding space, making move the substance around the forks. The sound wave can be transmitted trough the air, but also trough water and all solid materials. The sound, to be transmitted, needs an element, because it’s the mechanical vibration of this substance that let it propagate. It’s for that acoustic waves cannot be transmitted in the universe, because there are no elements that can transmit the sound. And also, it’s for that that more solid and rigid is the material the sound wave is propagate trough, the more easily it will be transmitted. This is why in the Westerns movies the redskins were used to put the ears on the ground to hear more easily if some enemy was arriving.

In Applied Physiology, we use 14 different tuning forks, one for each of the Chinese Acupuncture Meridians. The forks are also colorcoded for each meridian to enhance its vibration characteristics. Each fork vibrates at a different primary frequency. This depends on the length of the forks: the longest fork (CV) has the slowest primary frequency: 64 Hz (vibration/second). The shortest fork (LI) has the fastest primary frequency: 4096 Hz. However, more than the primary frequency itself, what makes the forks powerful are the harmonics (overtones) that these tuning forks produce. The overtone of the LI fork can reach 40.000 Hz!! These harmonics result from the alloys used in

making the tuning forks. The copper content of the aluminum is what gives that particular overtone. The material used makes the difference.

The vibrations of the tuning forks cause sympathetic vibration in the body's tissues and energetic structures, allowing for balancing to take place. This principle is called resonance. When we hit one side of the tuning fork, both sides start to vibrate, because the second one starts to resonate with the first one. This is what happens in the physical and etheric bodies of a person, the different structures start to resonate with the specific frequency of the tuning fork, moving energy. We use two tuning forks at the same time; they will give us a resulting frequency that will be different than the ones of each fork. This gives us a wider number of frequencies that we can generate! When held at a 90° angle to each other, Figure 8 patterns, circles and complex harmonics are created, as well as generating scalar waves. Scalar waves are broadcasts bouncing off the planet. With the harmonics of two forks used together, one can often dissipate even the toughest of thought forms, attitudes and feelings.

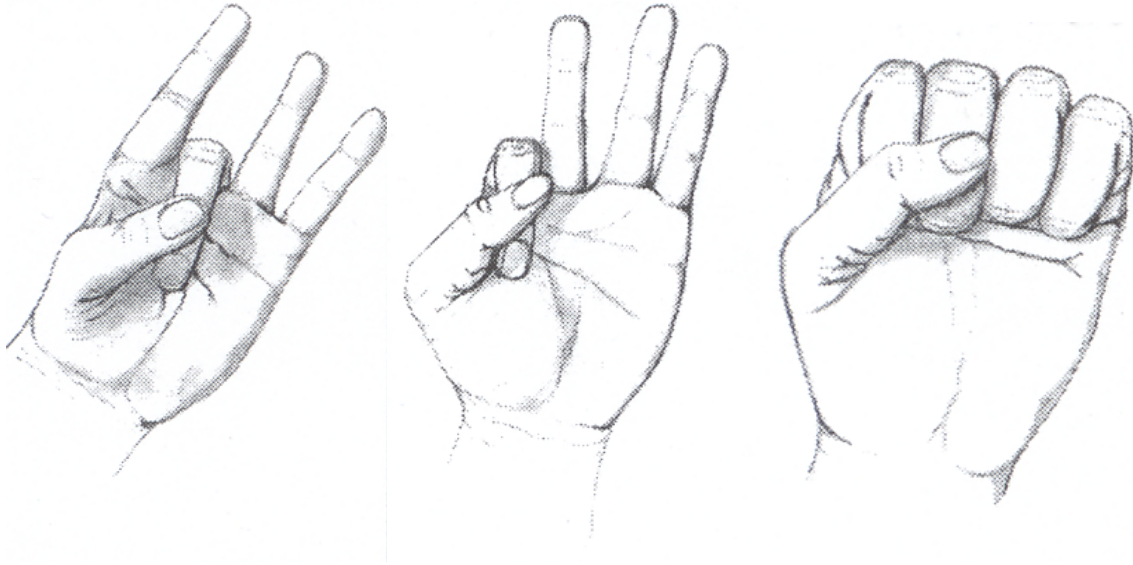
In Applied Physiology, we use a holographic system, we use coordinates made by two meridians: an Object Meridian and a Reference Meridian. This tells us with great precision which meridian is out of balance and which other meridian is related to that imbalance.

Additional Notes:

- **We can use Tuning Forks with any modality to enhance its effectiveness.**
- **TFs held over NLs, NVs, or with any modality, can penetrate and accomplish in minutes what might otherwise take much longer.**
- **TFs are great tools to work on acupuncture points.**
- **TFs can be used in Foot and Hand Reflexology.**
- **TFs are a tremendous booster/amplifier to Flower Essence frequency.**
- **TFs are very powerful for autism.**
- **TFs are phenomenal for neurological disorders.**
- **TFs can help to dissipate a thought form, an attitude or a feeling.**
- **TFs can be used after an emotional balance to “ground” the person.**

- TFs with Figure 8s are one of the most powerful techniques in kinesiology. We use it to awake flaccid paralysis and to calm spasticity.
- Pointing two tuning forks to the mastoid process can give a micro massage to all the central nervous system.
- When working with an injury/pain, ding the forks and place them over the problem area at a 90° angle to each other.

MODES:



Hologram Mode - Thumb pad on distal knuckle of middle finger, other fingers spread out.

Sound Mode Thumb pad on distal knuckle of index finger.

Time Mode Hand in a fist, thumb over middle phalanx of middle finger.

Procedure:

1. Put in **Pause Lock** the issue or goal.
2. Put **Hologram Mode** to tell the body that you are looking for two different meridians.
3. Circuit locate all **Alarm Points** and put in **Pause Lock** the first one that gives you a **priority indicator change (Object Meridian)**
4. **Pause Lock** second priority alarm point (**Reference Meridian**). With meridian coordinates already established, use the corresponding tuning forks.
5. The object meridian fork is held in the dominant hand (client or facilitator). The Reference meridian fork is held in the other hand.
6. "Ding" the forks and point them towards the mastoid bones (behind ears at base of skull) at a 90° angle. P/L and stop vibration (e.g. place on client's Stomach).
7. P/L **Time Mode** and, tapping the glabella, count until I/C to find number of "dings".

8. "Ding" the forks and point at 90° angle towards the part of the body you want to work on. Hold until sound dissipates. Repeat for number of times that showed in step 7.